


# Navigating Your Child's ADHD Diagnosis

## You've Just Received the Report – Your Child's Diagnosis is ADHD... Now What?

Navigating your child's ADHD diagnosis can feel overwhelming, but there are resources available in West Virginia to ensure your child gets the support they need.

### The West Virginia Tiered System of Support (WVTSS)

West Virginia schools use a structured support system to help students in behavior, mental health, and academics. This system is designed to provide support at different levels depending on the student's needs.

<p><b>Universal Support</b> </p> <ul style="list-style-type: none"> <li>• All students receive foundational behavioral and life skills support.</li> <li>• These expectations and skills are modeled and taught to all students.</li> </ul>	<p><b>Targeted Support</b> </p> <ul style="list-style-type: none"> <li>• For students like those with ADHD who may struggle with homework organization or forgetfulness.</li> <li>• Example: A check-in/check-out system to help with materials and assignments.</li> </ul>	<p><b>Intensive Support</b> </p> <ul style="list-style-type: none"> <li>• If your child continues to struggle, the Student Assistance Team (SAT) can help create and monitor personalized plans.</li> <li>• The SAT team gathers data, identifies needs, and provides interventions.</li> </ul>
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*\*Pro Tip: Ask about an SAT meeting if you notice your child struggling with behavior, academics, or mental health. They can help build the appropriate interventions to support your child.*

### What is a Section 504 Plan?

- A Section 504 plan offers accommodations under the Americans with Disabilities Act.
- These accommodations can help address your child's specific needs, such as:
  - Modifications in the learning environment
  - Strategies for improving attention and focus
  - Test-taking accommodations
- Each school system has its own process for evaluating eligibility for a 504 plan.

### How Can You Support Your Child's Success?

#### Stay Involved!

- Communication between home and school is key. Regular updates with your child's teacher can help monitor progress.

#### Consider Medication Changes:

- Medication changes can affect behavior, focus, and eating habits. Inform the school and work with your child's physician to monitor any changes.

### Early Identification = Success!

Research shows that early identification, tailored interventions, and a supportive school environment are critical for students with ADHD. West Virginia schools have a system in place to help students achieve success.

