

Nonpharmacological Treatments for Attention-Deficit/Hyperactivity Disorder (ADHD)

	Preschool-aged Children (<6 Years)	School-aged Children (6 years to 12th birthday)	Adolescents (12 years to 18th birthday)	Adults (18 years and older)
First-Line	<ul style="list-style-type: none"> Behavioral Classroom Management Behavioral Parent Management Training Combined Behavior Management Interventions 	<ul style="list-style-type: none"> Behavioral Classroom Management Behavioral Parent Management Training Behavioral Peer Intervention Combined Behavior Management Interventions Organization Training 	<ul style="list-style-type: none"> Organization Training 	<ul style="list-style-type: none"> Not Applicable (N/A)
Second-Line	<ul style="list-style-type: none"> Combined Training Interventions (extensive practice) 	<ul style="list-style-type: none"> Combined Training Interventions (extensive practice) 	<ul style="list-style-type: none"> Combined Training Interventions (extensive practice) 	<ul style="list-style-type: none"> Cognitive Behavioral Therapy (group or individual)
Third-Line	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> Behavioral Parent Management Training 	<ul style="list-style-type: none"> Psychological Counseling/Emotional Therapy Use of technological aids
Limited Evidence	<ul style="list-style-type: none"> Combined Training Interventions (limited practice) 	<ul style="list-style-type: none"> Cognitive Behavioral Training Combined Training Interventions (limited practice) Modified Behavioral Parent Training 	<ul style="list-style-type: none"> Combined Training Interventions (limited practice) 	<ul style="list-style-type: none"> Organizational Training
Lacking Evidence	<ul style="list-style-type: none"> Social Skills Training 	<ul style="list-style-type: none"> Social Skills Training 	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> N/A

Level of Evidence Key

First Line: Statistically significantly superior to control group or equivalent to an already well established treatment

Second Line: At least two experiments showing superiority to control group

Third Line: At least one experiment showing superiority to control group

Limited Evidence: Not yet tested in a randomized controlled trial

Lacking Evidence: Tested and found to be inferior to control group or experimental studies suggest treatment produces no beneficial effect

* Please refer to *A West Virginia Guide to Evidence-Informed Evaluation, Diagnosis, and Treatment of Attention-Deficit/Hyperactivity Disorder (ADHD) and comorbid Concerns (The WV ACC Guidelines)*, available at www.WVADHD.org for a full list of disclaimers (page 4) and references for the content contained in this handout.