

Patient & Provider Agreements

Items to include at the provider's discretion

- Emphasis of treatment goal is to improve daily function while minimizing risks
- Coexisting conditions and/or alternate diagnosis such as anxiety, learning, mood, sleep disorders, etc., should be considered, identified, and adequately treated
- Behavioral treatments and other nonpharmacological treatment options should be considered and integrated into the treatment plan where appropriate
- Drug interaction review
- Adverse effects of stimulants, especially with immediate-release formulations, higher doses, and prolonged, continuous use:
 - Serious adverse effects
 - Cardiomyopathy, myocardial infarction, seizures, cerebrovascular accident
 - Common adverse effects
 - Headaches, insomnia, appetite/weight loss, mood changes, increased systolic arterial pressure
- Potential for suppressed growth with continuous use in children
- Periodic reassessment of function, risk, and psychological state
- Expectations to verify compliance
 - Controlled Substance Monitoring Program (CSMP) review
 - Pill counts
 - Urine drug screening and testing
- Discuss risks to other individuals if stimulants are shared
- Safe and secure storage of stimulants
- Medication storage and disposal
- Co-manager of medication therapy if cognitive limitations are present
- Expectations for early refills due to theft, loss, incident
- Consequences of diversion