

Assessments for Adults						
Assessment (*free of charge)	Completed by:	Age Range (years of age)	Time to Complete (minutes)	Symptoms/Conditions Assessed		Link (click to access)
Broadband Assessments						
Achenbach System of Empirically Based Assessment (ASEBA)®: Adult Behavior Checklist (ABCL)® Adult Self-Report (ASR)® Older Adult Behavior Checklist (OABCL)® Older Adult Self-Report (OASR)®	<ul style="list-style-type: none"> • Self-report • Friend; spouse/partner 	Adults: 18 to 59 years of age Older adults: 60 to 90 years of age	10 to 20 minutes	ABCL/OBCL <ul style="list-style-type: none"> • Personal strengths ASR/OASR <ul style="list-style-type: none"> • Adaptive functioning • Empiric based syndromes • Substance use • Internalizing problems • Externalizing problems • Total problems 	ABCL/ASR for purchase ABCL-C ASR-C OABCL/OASR for purchase OABCL-C OASR-C	
Minnesota Multiphasic Personality Inventory (MMPI-3)®	<ul style="list-style-type: none"> • Self-report 	18 years of age and older	25 to 35 minutes (computer) 35 to 50 minutes (paper and pencil)	Symptoms: <ul style="list-style-type: none"> • Depression • Anxiety • Anger • Stress • Psychotic symptoms • Sleep disturbances • Eating disturbances • Suicidal ideation • Hypochondriasis 	Conditions: <ul style="list-style-type: none"> • Anxiety disorders • Eating disorders • Mood disorders • Personality disorders • Post-traumatic stress disorder • Psychotic disorders • Somatoform disorders • Substance use disorders 	MMPI-3 for purchase

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Broadband Assessments					
Personality Assessment Inventory (PAI) TM	<ul style="list-style-type: none"> • Self-report 	18 years of age and older	50 to 60 minutes	<ul style="list-style-type: none"> • Alcohol misuse • Anger • Antisocial features • Anxiety • Bipolar features • Borderline features • Depression • Drug use/misuse • Narcissism • Negative impression management • Paranoia • Positive impression management • Psychoticism • Schizophrenia • Social introversion • Somatic complaints 	PAI for purchase
Narrowband Assessments					
Adult ADHD Self-Report Scale Symptom Checklist (ASRS-DSM-5) ^{®*}	<ul style="list-style-type: none"> • Self-report 	18 years of age and older	5 minutes	<ul style="list-style-type: none"> • Assess Attention Deficit/Hyperactivity Disorder (ADHD) symptoms 	ASRS-DSM5
Barkley Adult ADHD Rating Scale – IV (BAARS-IV)	<ul style="list-style-type: none"> • Self-report • Other- report • (e.g., spouse, parent, and sibling) 	Score sheet differs for ages 18 to 39 years of age 40 to 59 years of age 60 to 89 years of age	5 to 7 minutes 3 to 5 minutes (quick)	<ul style="list-style-type: none"> • ADHD Symptoms 	BAARS-IV for purchase

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Narrowband Assessments (Continued)					
Barkley Deficits in Executive Functioning Scale (BDEFS for Adults) [®]	<ul style="list-style-type: none"> • Self-report • Other- report • (e.g., spouse, parent, and sibling) 	Score sheet differs for ages 18 to 34 years of age 35 to 49 years of age 50 to 64 years of age 65 to 81 years of age	Long form: 15 to 20 minutes Short form: 4 to 5 minutes	Dimensions of Adult Executive Functioning in Daily Life Capacities Involved in: <ul style="list-style-type: none"> • Time management • Organization and problem solving • Self-restraint • Self-motivation • Self-regulation of emotions • Adult ADHD risk index (long form) 	BDEFS for Adults for purchase
Barkley Functional Impairment Scale (BFIS for Adults) [®]	<ul style="list-style-type: none"> • Self-report • Other- report • (e.g., spouse, parent, and sibling) 	Score sheet differs for ages 18 to 39 years of age 40 to 59 years of age 60 to 89 years of age	Long form: 5 to 7 minutes Quick screen: 3 to 5 minutes	<ul style="list-style-type: none"> • Assesses psychosocial impairment in 15 domains of major life activities 	BFIS for Adults for purchase
Brown Adult Attention-Deficit Disorder Scales	<ul style="list-style-type: none"> • Self-report 	18 years of age and older	10 to 20 minutes	<ul style="list-style-type: none"> • Organizing, prioritizing and activating to work • Focusing, sustaining and shifting attention to tasks • Regulating alertness, sustaining effort and processing speed • Managing frustration and modulating emotions • Utilizing working memory and accessing recall 	Brown Attention-Deficit Disorder Scales for purchase
Conners' Adult ADHD Rating Scales (CAARS) [®]	<ul style="list-style-type: none"> • Self-report • Observer report forms 	18 to 80 years of age	10 to 20 minutes	<ul style="list-style-type: none"> • Inattention/memory problems • Hyperactivity/restlessness • Impulsivity/emotional lability • Problems with self-concept 	CAARS for purchase

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Narrowband Assessments (Continued)					
Copeland Symptom Checklist for Adult ADHD*	• Self-report	18 years of age and older	10 to 15 minutes	<ul style="list-style-type: none"> • Cognitive symptoms • Emotional symptoms • Social symptoms 	Copeland Symptom Checklist
Structured Interview					
Conners Adult ADHD Diagnostic Interview for DSM-IV™ (CAADID™)	Part I <ul style="list-style-type: none"> • Clinician • Self-report Part II <ul style="list-style-type: none"> • Clinician 	18 years of age and older	2 parts: 90 minutes for each	• ADHD	CAADID™ for purchase
Mini International Neuropsychiatric Interview (MINI) (Adult Version)®	• Clinician	18 years of age and older	15 minutes	• 17 Most common disorders in mental health	MINI
Semi-Structured Interviews					
The Young Adult Psychiatric Assessment (YAPA)®	• Clinician	18 years of age and older	<70 minutes	<ul style="list-style-type: none"> • Full range of common psychiatric disorders • Focus on diagnoses, living situations, relationships, and areas of functioning relevant to this age group 	YAPA
The Diagnostic Interview for ADHD in Adults (DIVA-5)®	• Clinician	18 years of age and older	60 to 90 minutes	<ul style="list-style-type: none"> • ADHD Symptoms <ul style="list-style-type: none"> • Chronicity • Impairments 	DIVA-5 for purchase

References for Appendix 1.2: Assessments for Children & Appendix 1.3: Assessments for Adults

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